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### **PREPARING FOR A PROCEDURE**

Regardless of which procedure you will be having, the preparation is the same unless other instructions are given.

1. Patients should not eat or drink anything for at least 8 hours prior your appointment time. Diabetic patients may be given special instructions regarding fasting before your procedure.
2. If you take any medications for high blood pressure, a heart condition, asthma, acid reflux, or seizures you should take that medication with a small amount of water at your usual time.
3. It is very important that you tell the doctor about every prescription, over the counter, vitamin, and herbal medication that you are taking. The doctor may want you to discontinue some of the medication for a few days prior or longer to your scheduled to minimize the chance for a bleeding complication.
4. All patients need to arrange for transportation home with a friend or family member. A taxi driver or car service is not an acceptable ride home from patients who have received sedation for their procedure. If you do not receive intravenous sedation you will be allowed to drive home.
5. Please tell your doctor if you are taking NSAID's (anti-inflammatories) or blood thinners(Aspirin, Plavix, Coumadin, Heparin) because we will ask your to stop taking these medications for 1 week before procedure or after clearance from your Primary care Provider ( if applicable).

#### **ANTI-INFLAMMATORIES:**

**CELEBREX  
NAPRELAN  
LODINE  
FLECTOR PATCH  
ETODOLAC  
MELOXICAM (MOBIC)  
DICLOFENAC  
FISH OIL  
VITAMIN E**

#### **NSAID's:**

**ASPIRIN  
ADVIL  
MOTRIN  
ALEVE  
IBUPROFEN  
PRADAXA**